

MEN'S TOP

EU*	44/XS	46/S	48/M	50/L	52/XL	54/XXL	56/3XL	58/4XL	60/5XL
USA	XXS	XS	S	M	L	XL	XXL	3XL	4XL
TOTAL HEIGHT (cm)	170-173	173-176	176-179	179-182	182-185	185-188	189-192	193-196	197-200
CHEST (cm)	88-91	86-92	92-98	98-104	104-110	110-116	117-125	126-136	136-146
WAIST (cm)	76-79	74-80	80-86	86-92	92-98	98-104	105-113	114-124	124-134
HIP (cm)	92-95	90-96	96-102	102-108	108-114	114-120	121-129	130-140	140-150

*Includes Germany, Austria, Switzerland, Spain, France, Great Britain and Italy.

MEN'S TROUSERS

EU*	44/XS	46/S	48/M	50/L	52/XL	54/XXL	56/3XL	58/4XL	60/5XL
USA	XXS	XS	S	M	L	XL	XXL	3XL	4XL
TOTAL HEIGHT (cm)	170-173	173-176	176-179	179-182	182-185	185-188	189-192	193-196	197-200
WAIST (cm)	75-79	79-83	83-87	87-91	91-96	96-101	101-106	106-111	111-116
HIP (cm)	91-95	95-99	99-103	103-108	108-112	112-117	117-121	121-126	126-130
INSEAM (cm)	81	82	83	84	85	86	87	88	89
SHORT - Outseam leg (cm)	77	78	79	80	81	82	83	84	85
LONG - Inseam leg (cm)	85	86	87	88	89	90	91	92	93

*Includes Germany, Austria, Switzerland, Spain, France, Great Britain and Italy.

WOMEN'S TOP

INT / ES	XXS	XS	S	M	L	XL	XXL	3XL
IT	38	40	42	44	46	48	50	52
DE*	32	34	36	38	40	42	44	46
FR	34	36	38	40	42	44	46	48
USA	XXS	XS	S	M	L	XL	2XL	3XL
UK	4	6	8	10	12	14	16	18
TOTAL HEIGHT (cm)	160-163	162-165	164-167	168-171	170-173	172-175	174-177	176-179
CHEST (cm)	82-85	86-89	90-93	94-97	98-101	102-105	106-109	110-113
WAIST (cm)	61-64	65-68	69-72	73 - 76	77-80	81-84	85-88	89-92
HIP (cm)	86-89	90-93	94-97	98-101	102-105	106-109	110-113	114-117

*Includes Germany, Austria and Switzerland.

WOMEN'S TROUSERS

INT / ES	XXS	XS	S	M	L	XL	XXL	3XL
IT	38	40	42	44	46	48	50	52
DE*	32	34	36	38	40	42	44	46
FR	34	36	38	40	42	44	46	48
USA	XXS	XS	S	M	L	XL	2XL	3XL
UK	4	6	8	10	12	14	16	18
TOTAL HEIGHT (cm)	160-163	162-165	164-167	168-171	170-173	172-175	174-177	176-179
WAIST (cm)	61-64	65-68	69-72	73 - 76	77-80	81-84	85-88	89-92
HIP (cm)	86-89	90-93	94-97	98-101	102-105	106-109	110-113	114-117
INSEAM (cm)	77	78	79	80	81	82	83	84
SHORT - Inseam leg (cm)	73	74	75	76	77	78	79	80
LONG - Inseam leg (cm)	81	82	83	84	85	86	87	88

*Includes Germany, Austria and Switzerland.

KIDS' APPAREL

YOU ARE BUYING	92	104	116	128	140	152	164	176
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AGE	2/3	3/4	5/6	6/7	8/9	10/11	12/14	14/16
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USA	3XS	XXS	XS	S	M	L	XL	XXL
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TOTAL HEIGHT (cm)	86-98	98-110	110-122	122-134	134-146	146-158	159-169	170-180
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CHEST (cm)	50-55	53-58	56-61	59-64	64-69	69-74	75-80	81-86
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WAIST (cm)	50 -54	52-56	54-58	56-60	59-62	62-65	66-69	70-73
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HIP (cm)	53-57	58-62	63-67	68-72	73-77	78-82	83-87	88-92
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ARM LENGTH from center back (cm)	40-45	46-51	52-57	58-63	64-69	70-75	64-79	78-83
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LEG LENGTH standard (cm)	49-57	58-66	67-75	76-82	83-89	90-96	97-103	104-110
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ESSENTIAL ALPINE GLOVES

YOU ARE BUYING	XS	S	M	L	XL	XXL	XXXL
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UNISEX	6	7	8	9	10	11	12
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CIRCUMFERENCE (cm)	16,5-18,5	18,5-21	21-23	23-24	24,5-26	26-28	28-30
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KID SIZE YOU ARE BUYING	XXS	XS	S	M	L
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TOTAL HEIGHT	104	116	128	140	152
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AGE	3/4	5/6	7/8	9/10	11/12
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GLOVES KNIT (women)	S - M
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GLOVES KNIT (men)	L - XL
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ESSENTIAL ALPINE SOCKS

IT	35 - 37	38 - 40	41 - 43	44 - 46	47 - 49
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EU*	S	M	L	XL	XXL
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UK	3 - 4.5	5 - 6.5	7 - 9	9.5 - 11	11.5 - 13.5
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MONDOPOINT (cm)	22.0 - 23.5	24.0 - 25.5	26.0 - 28.0	28.5 - 30.0	30.5 - 32.5
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US MEN	4 - 4.5	6 - 7.5	8 - 10	10.5 - 12	12.5 - 14.5
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US WOMEN	W 5 - 6.5	W 7 - 8.5	W 9 - 11		
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KID SIZE YOU ARE BUYING	26 - 28	29 - 31	32 - 34		
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UK	8.5 - 10	11 - 12.5	13 - 2		
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KIDS US	9.5 - 11	12 - 13.5	1 - 2.5		
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ESSENTIAL ALPINE HEADWEAR

YOU ARE BUYING

S

M

L

ADULT (cm)

56

58

60

KID (cm)

51

53

55

UNISEX (cm)

58

ESSENTIAL ALPINE FOOTWEAR

UK	EU*	US MEN	US LADY	MONDOPOINT (cm)	KIDS EU	KIDS UK	KIDS US
3	35	4	5	22	26	8.5	9.5
3.5	36	4.5	5.5	22.5	27	9	10
4	36.5	5	6	23	28	10	11
4.5	37	5.5	6.5	23.5	29	11	12
5	38	6	7	24	30	11.5	12.5
5.5	38.5	6.5	7.5	24.5	31	12.5	13.5
6	39	7	8	25	32	13	1
6.5	40	7.5	8.5	25.5	33	1	2
7	40.5	8	9	26	34	1.5	2.5
7.5	41	8.5	9.5	26.5	35	2.5	3.5
8	42	9	10	27	36	3.5	4.5
8.5	42.5	9.5	10.5	27.5	37	4	5
9	43	10	11	28	38	5	6
9.5	44	10.5	11.5	28.5	39	6	7
10	44.5	11		29	40	6.5	7.5
10.5	45	11.5		29.5			
11	46	12		30			
11.5	46.5	12.5		30.5			
12	47	13		31			
12.5	48	13.5		31.5			
13	48.5	14		32			
13.5	49	14.5		32.5			
14	50	15.0		33			